



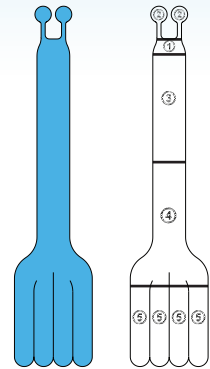
CALF & ARCH spider™

Pre-cut application instructions

Taping is an art and takes time to perfect, please practice and be patient while applying Spider Tech applications until you are familiar with the handling of the tape.

Remember to:

- Tear all perforations before applying
- Do not touch the adhesive side of the tape
- Do not completely remove the backing of the tape until 90% of the tape is adhered to the skin
- Ensure each section is applied before moving on to the next section
- Rub over the top of the tape to activate the glue



1

Before applying the brace tear all of the perforations. Place client on their stomach and bend knee so that the bottom of the foot is exposed.



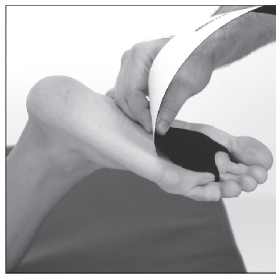
2

Peel off the backing of section 1 and apply to the client's forefoot just behind the toes. Gently rub over top of the tape to activate the glue.



3

Position one "arm" of section 2 between the first and second toes, and the other arm between the 3rd and 4th toes, adhering both to the top of the foot as you gently peel off the backing of the tape.



4

With the foot relaxed in a neutral position, peel off the backing of section 3 and stretch the tape over the arch of the foot approximately 2 inches more than its resting length anchoring the tape to the heel.



5

Adhere the tape to the arch of the foot and gently rub the tape to activate the glue.

...instructions continued
on next page



Produced by:
NUCAP Medical Inc.
3370 Pharmacy Avenue,
Toronto, Ontario
Canada M1W 3K4

Tel: (416) 490-4000
Fax: (416) 490-4001

info@nucapmedical.com
www.nucapmedical.com

For complete instructions visit
www.nucapmedical.com



Patents and design patents pending - FOR PROFESSIONAL USE ONLY

All SpiderTech™ products use

The original Kinesiology Tape from Japan





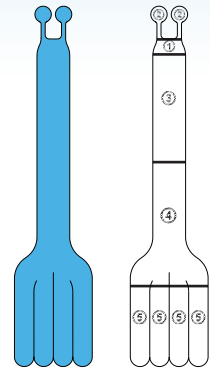
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6

With the clients foot dorsiflexed and the calf stretched, peel off the backing of section 4 and apply to the achillies tendon. Apply the remaining portion of section 4, above the achillies, with no tension on the tape.



7

With the calf stretched, tear the backing off of the outside arm of section 5 and apply the tape with no stretch.



8

Equally spread all 4 projections over the calf. Rub the tape once applied to activate the glue.



9



10



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