

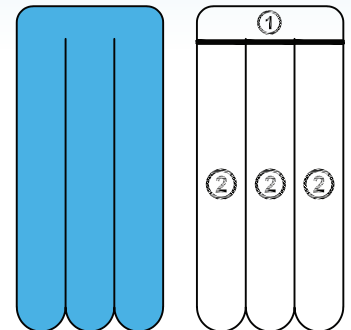


Pre-cut application instructions

Taping is an art and takes time to perfect, please practice and be patient while applying Spider Tech applications until you are familiar with the handling of the tape.

Remember to:

- Tear all perforations before applying
- Do not touch the adhesive side of the tape
- Do not completely remove the backing of the tape until 90% of the tape is adhered to the skin
- Ensure each section is applied before moving on to the next section
- Rub over the top of the tape to activate the glue



1

Before applying the brace tear all of the perforations. Place the client on their back with their leg relaxed.



2

Peel off half of the backing of section 1 and apply to the groin area. Once half of section 1 is applied, tear the remaining portion of the backing off and apply the tape to the skin. Gently rub over the top of the tape to activate the glue.



3

Abduct the patient's leg to expose the adductors, peel off the backing of the outside arm of section 2 and apply the tape to the inside of the leg without any stretch applied to the tape.



4

Peel of the backing to the middle arm of section 2 and apply without any stretch applied to the tape.



5

Peel of the backing to the inner arm of section 2 and apply without any stretch applied to the tape.



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All SpiderTech™ products use

The original Kinesiology Tape from Japan

