

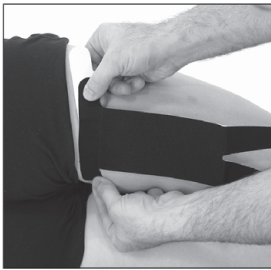
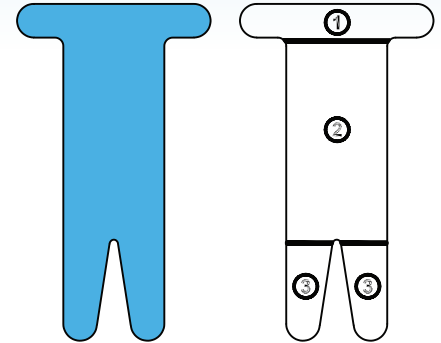


Pre-cut application instructions

Taping is an art and takes time to perfect, please practice and be patient while applying Spider Tech applications until you are familiar with the handling of the tape.

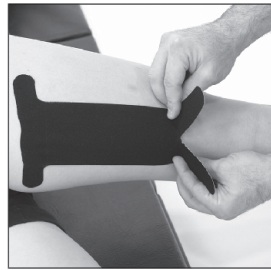
Remember to:

- Tear all perforations before applying
- Do not touch the adhesive side of the tape
- Do not completely remove the backing of the tape until 90% of the tape is adhered to the skin
- Ensure each section is applied before moving on to the next section
- Rub over the top of the tape to activate the glue



1

Before applying the brace tear all of the perforations. With the client lying on their stomach peel off the backing of section 1 and apply to the back of the leg just below the gluteal fold. Gently rub over top of the tape to activate the glue.



2

With the client lying on their side with the leg stretched out in front, start peeling off the backing of section 2 and applying the tape with no stretch along the back of the leg.



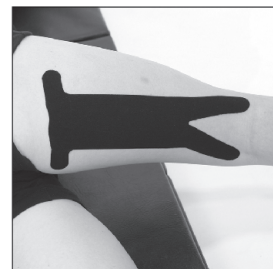
3

With the client in the above position, peel the backing off the outside arm of section 3 as you apply the tape in the direction of the outside border of the knee.



4

Without any tension on the tape peel off the backing of the inside arm of section 3 as you apply the tape in the direction of the inside border of the knee.



5

After the brace has been applied gently rub the tape to activate the glue



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Patents and design patents pending - FOR PROFESSIONAL USE ONLY

All SpiderTech™ products use

The original Kinesiology Tape from Japan

