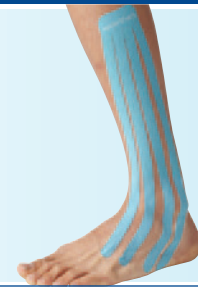


Application Instructions

SMALL / MEDIUM LYMPHATIC SPIDER™ basic application



Helps with the following conditions:

- Muscle strains
- Acute injuries
- Chronic joint swelling
- Edema
- Lymphatic congestion
- Bruising
- Postoperative recovery



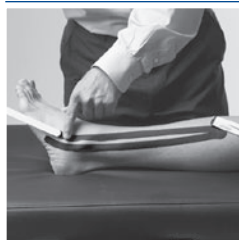
- 1** Determine the area of injury/edema and select the correct size of Lymphatic Spider. Determine where you will position the brace.



- 2** Tear all the perforations and peel off the backing of section 1, applying the tape as you peel, ensuring that your fingers do not touch the adhesive side of the tape. Rub the tape to activate the glue, anchoring the application's base to the skin.



- 3** Lengthen the muscle group you are applying the tape to and proceed to apply the outside finger of the Lymphatic Spider to the outside edge of the area being treated, without stretching the tape.



- 4** Apply the next finger by removing the backing as you apply, with no stretching of the tape, leaving a gap between the outside finger and the next that is less than the thickness of the finger.

Application Instructions

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5 Repeat with the third finger, again insuring that you do not stretch the tension or stretch the tape, or touch the adhesive during application.



6 Repeat with the last finger, placing it on the inner edge of the area under treatment.



7 Once the brace is applied, gently rub tape to activate the glue.

