

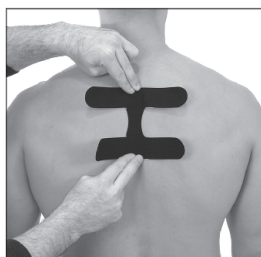
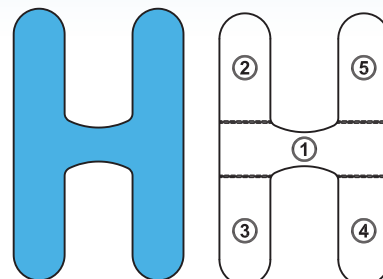


Pre-cut application instructions

Taping is an art and takes time to perfect, please practice and be patient while applying Spider Tech applications until you are familiar with the handling of the tape.

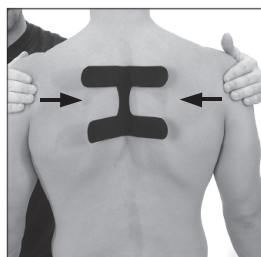
Remember to:

- Tear all perforations before applying
- Do not touch the adhesive side of the tape
- Do not completely remove the backing of the tape until 90% of the tape is adhered to the skin
- Ensure each section is applied before moving on to the next section
- Rub over the top of the tape to activate the glue



1

Before applying the brace tear all of the perforations. With the client standing in a relaxed position peel off the backing of section 1 and apply along the spine between the shoulder blades. Gently rub over top of the tape to activate the glue.



2

Have the client actively contract the back muscles to pull the shoulder blades back into an ideal postural position. Have patient hold this position until entire brace has been applied.



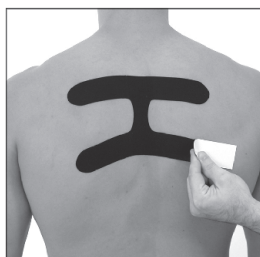
3

Peel off the backing of section 2, gently stretch the tape approximately 1 inch more than its resting length and apply to the skin. Gently rub over top of this section to activate glue.



4

Peel off the backing of section 3, gently stretch the tape approximately 1 inch more than its resting length and apply to the skin.



5

Peel off the backing of section 4, gently stretch the tape approximately 1 inch more than its resting length and apply to the skin.



6

Peel off the backing of section 5, gently stretch the tape approximately 1 inch more than its resting length and apply to the skin.



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Patents and design patents pending - FOR PROFESSIONAL USE ONLY

All SpiderTech™ products use

The original Kinesiology Tape from Japan

