

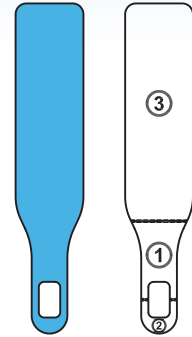


Pre-cut application instructions

Taping is an art and takes time to perfect, please practice and be patient while applying Spider Tech applications until you are familiar with the handling of the tape.

Remember to:

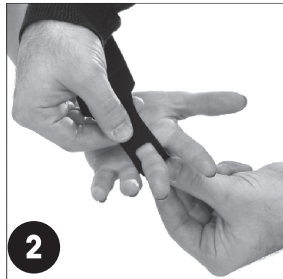
- Tear all perforations before applying
- Do not touch the adhesive side of the tape
- Do not completely remove the backing of the tape until 90% of the tape is adhered to the skin
- Ensure each section is applied before moving on to the next section
- Rub over the top of the tape to activate the glue



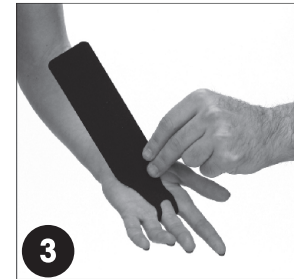
Flexors



1
Before applying the brace tear all of the perforations. Have the client extend the arm downward, relaxing the hand.



2
Place the middle finger through the opening on the support.



3
Peel off the backing of section 1 and apply the tape to the palm of the hand with no stretch.



4
Peel off the backing of section 2 and adhere to the back of the hand with no stretch on the tape. Gently rub over top of the tape to activate the glue.



5
Hold the wrist in a flexed position with the fingers pointing down. Start peeling back the backing of section 3 and apply over the forearm with no stretching of the tape.



6
Once the brace is applied, gently rub the tape to activate the glue.

...instructions continued on next page



Produced by:
NUCAP Medical Inc.
3370 Pharmacy Avenue,
Toronto, Ontario
Canada M1W 3K4

Tel: (416) 490-4000
Fax: (416) 490-4001

info@nucapmedical.com
www.nucapmedical.com

For complete instructions visit
www.nucapmedical.com



Patents and design patents pending - FOR PROFESSIONAL USE ONLY

All SpiderTech™ products use

The original Kinesiology Tape from Japan



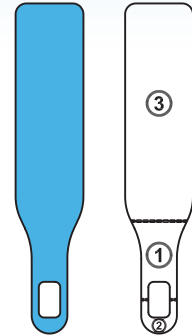


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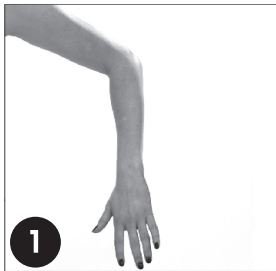
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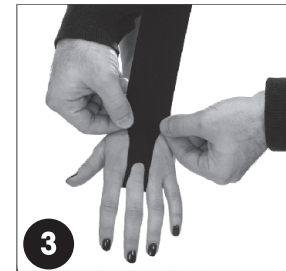
Extensors



1 Before applying the brace tear all of the perforations. Have the client extend the arm downward, relaxing the hand



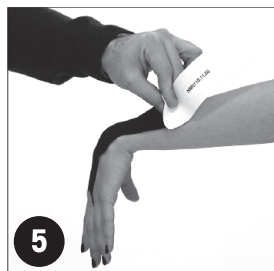
2 Place the middle finger through the opening on the support.



3 Peel off the backing of section 1 and adhere to the back of the hand with no stretch on the tape.



4 Peel off the backing of section 2 and apply the tape to the palm of the hand with no stretch. Gently rub over top of the tape to activate the glue.



5 Hold the wrist in an extended position. Start peeling back the backing of section 3 and apply over the wrist with no stretching of the tape.



6 Once the brace is applied, gently rub the tape to activate the glue.



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